

Dear Colleagues,

This year, it's more important than ever to get your flu shot.

Like our mandatory testing, screening and contact tracing programs, flu vaccinations represent an important and common-sense public health measure – one in which we all can, and should, participate during this challenging time.

If you are enrolled in a UK insurance plan, you can get your flu shot for free at any of the following sites:

- Vaccination clinics (see <a href="mailto:go.uky.edu/flushot">go.uky.edu/flushot</a>)
- Any UK Healthcare pharmacy location (see <u>ukpharmacy.org</u>)
- Any local pharmacy
- Your primary care provider

Bring a copy of your employee ID and prescription insurance card.

The on-campus flu shot clinics are available Monday - Friday:

- 9 a.m. 3 p.m., Gatton Student Center Room 330 A/B
- 8 a.m. 4 p.m., President's Pavilion at Kroger Field Gate 9

In addition, if you are working remotely, you can visit the President's Pavilion by Kroger Field Gate 9 to receive a flu shot. Free parking is available while employees are receiving their flu shots. A special clinic will be offered at the President's Pavilion this Sunday, October 25, from 1 - 6 p.m. if you are unable to visit campus during the week.

Faculty and staff who wish to get a flu shot at any Kroger pharmacy can <u>download a voucher</u> and redeem it at a location of their choice. Appointments should be made in advance.

If you are not on enrolled in a UK or other health plan which fully covers the costs of a flu shot, you can receive a no-cost flu shot either at any Kroger pharmacy by <u>downloading this</u> <u>voucher</u> and redeeming it at a location of your choice or through <u>a UK HealthCare pharmacy</u> <u>location</u>. Appointments should be made in advance.

The World Health Organization estimates that about 1 billion cases of flu are contracted annually, and influenza is one of the top 10 leading causes of death each year among Americans. Additionally, flu symptoms are often similar to symptoms of COVID-19. Minimizing the number of flu cases will help relieve stress on our health system.

Thank you for everything you are doing, including getting your flu shot, to keep our community safe.

Eli Capilouto President